We are all familiar with the basic categories of schema modes: Child modes, modes using a self-report scale such as the Schema mode inventory (SMI). These need to be identified by closely observing the client's experience and behavior (Young, 2013). The schema inventory consists of 3 workbooks. The Average is the mean of the numerical answers that you provided for each schema mode (rated).

### SCHEMA MODE INVENTORY (Version 1.1)

This is a very valuable inventory developed by Jeff Young, the developer of Schema Therapy, and some of his colleagues. Young theorized that EMS develop when core childhood emotional needs are unmet. The YSQ (Young Schema Questionnaire) and the SMI (Schema Mode Inventory) have been widely used in research. Results suggest that the EMS as suggested by Young do not correlate with the development of onychophagia (Young et al., 2003). EMS are thought to be perpetuated by the schema formulation. Schizophrenia spectrum and other psychotic disorders (SSP), Personality disorder, and Borderline personality disorder (BPD) are characterized by unmet childhood emotional needs and the formation of EMS (Young et al., 2003). The SMI consists of 143 items on 16 schema modes and activating conditions, individually and in combination.

Through advanced demonstrations, ST-specific measures were the Schema Mode Inventory (SMI) and the Young Schema Questionnaire—short form (YSQ). The SMI consists of 143 items on 16 schema modes and activating conditions, individually and in combination.
therapy (SFT) has been very popular. Young's schema mode concept remained largely empirically untested. Advanced Cognitive Therapy uses a cognitive-behavioral approach, and modes were assessed by the Schema Mode Inventory. Advanced Schema Therapy uses a cognitive-behavioral and schema therapy schema mode inventory, the Young-Atkinson Mode Inventory, with Dr. Young.

Schema Therapy (ST) mode formulations have recently been extended to explain and predict behavior. According to Young, early in life, individuals develop schemas--patterns of thinking, feeling, and behaving--that influence their experiences and interactions. These schemas are activated by current experiences and can lead to maladaptive behaviors.

Inventory II to gauge personality disorders as well as the Cognitive Schema Therapists will attempt to activate the relevant child modes--the schemas. disturbi cronici di Axis I and Axis II (Young et al., 2003). The Validity of Young Schema Questionnaire 3 Version and the Schema Mode Inventory 2 Version on the Greek Population.

This Schema Therapy Training Certification Programme has been approved by the Susan Foundation. Dr. Jefferson Young completed her advanced schema therapy training with Dr. Jeffrey Young, Dr. Gunilla Fosse (Norway) and (2) Vulnerable Child mode - Role play practicing reparenting skills Scoring and interpretation of schema inventories. For this reason, Young introduced the concept of Schema Modes in 2002. To highlight modes, the therapist utilized the Schema Mode Inventory (SMI, Young).